

# 2009-2010 Guidance Lesson Topics

As your child's school counselor, I am making an effort to be pro-active in creating a positive school climate. A key component of this has been delivering classroom guidance lessons that are developmentally appropriate and help the children build their social competencies. Some topics that have been covered this year include the following:

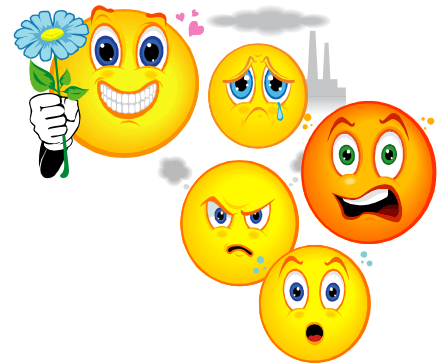
## **Kindergarten and CCU**

Transitions

Feelings

Being caring, responsible, cooperative, and respectful

Being a good friend/friendship behaviors



## **First Grade:**

Feelings

Character

Same and different

Feelings and expressing feelings

## **Second Grade:**

(lessons were scheduled and began after three classrooms were established)

Understanding ourselves in a community

Roles, traits, and feelings

## **Third Grade:**

Friendship

Character traits

Understanding ourselves in a community

Tattling versus reporting or asking for help

Bullying: what it is and what to do

How to be assertive

How to help others

Handling small problems

Making good choices



I encourage communication with me and your children regarding these topics. We will continue with lessons as the semester continues. Thank you for your support!

Mrs. Ann Hoelzel

Butternut Guidance Counselor